



### **SPICY CINNAMON SWEET POTATO FRIES**

1 large sweet potato, peeled and cut into matchsticks

Olive oil

Cajun seasoning, to taste

Salt, to taste

Cinnamon, to taste

Preheat your oven to 400 degrees. Put the sweet potatoes on a baking sheet in a single layer. Drizzle with olive oil (you want them to be lightly coated) and sprinkle with seasonings. Toss them around with your hands to coat them well. Bake at 400 degrees until crisp on edges and tender in the middle, about 30-40 minutes.

Recipe courtesy of Karly Vardaman, [www.kitchenpsycho.com](http://www.kitchenpsycho.com)